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from the American Academy of Pediatrics

This website has many resources from healthychildren.org and the American Academy of Pediatrics (AAP) along with helpful information to help toilet train your child.

Potty Training

In order for a toddler to be successfully potty trained, they need to be able to sense the urge to go, be able to understand what the feeling means, and then be able to verbalize that they need your help to make it to the toilet and actually go. Waiting until your child is truly ready will make the experience much faster and more pleasant for everyone involved. If your child is wearing size 4, 5 or 6 diapers, they are probably ready to be potty trained.

<https://www.healthychildren.org/english/ages-stages/toddler/>

For helpful information on the Russian method of early potty training, check out this website:

<https://hintmama.com/2014/02/11/todays-hint-the-russian-secret-to-early-potty-training/>